

# LEGO Therapy Room

*A structured play space to support social, communication, and teamwork skills.*

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## What is a LEGO Therapy Room?

A LEGO Therapy Room is a space where children use LEGO bricks in structured sessions to develop:

- Social and communication skills
- Teamwork and collaboration
- Problem-solving and planning abilities
- Confidence and self-esteem

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## Why use LEGO Therapy?

LEGO Therapy helps children, especially those with social or communication challenges, to:

- Practice turn-taking and negotiation
- Improve expressive and receptive language
- Build friendships and social connections
- Engage in goal-directed, purposeful play

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## Features of a LEGO Therapy Room

- Tables and chairs for small group work
- LEGO sets and building resources
- Visual aids and instruction cards
- Quiet and organized environment to reduce distractions

## How to Run LEGO Therapy

- Small group sessions (usually 3–4 children)
- Children assigned roles (e.g., builder, supplier, engineer)
- Activities based on building a model together
- Facilitator guides, prompts, and observes social interaction

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## Who Benefits?

- Children with autism
- Pupils with communication or social interaction difficulties
- Anyone who benefits from structured, goal-oriented play

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## Tips for Success

- Keep sessions structured and predictable
- Rotate roles and encourage turn-taking
- Celebrate achievements and positive interactions
- Link therapy goals to classroom learning and social targets

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*LEGO Therapy Rooms provide a fun and engaging way to develop essential social and communication skills.*

 *For more information, please speak to Juniper Therapy.*