

# LEGO Therapy Room

*A structured play space to support social, communication, and teamwork skills.*

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## What is a LEGO Therapy Room?

A LEGO Therapy Room is a space where children use LEGO bricks in structured sessions to develop:

- Social and communication skills
  - Teamwork and collaboration
  - Problem-solving and planning abilities
  - Confidence and self-esteem
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## Why use LEGO Therapy?

LEGO Therapy helps children, especially those with social or communication challenges, to:

- Practice turn-taking and negotiation
  - Improve expressive and receptive language
  - Build friendships and social connections
  - Engage in goal-directed, purposeful play
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## Features of a LEGO Therapy Room

- Tables and chairs for small group work
- LEGO sets and building resources
- Visual aids and instruction cards
- Quiet and organized environment to reduce distractions

## How to Run LEGO Therapy

- Small group sessions (usually 3–4 children)
  - Children assigned roles (e.g., builder, supplier, engineer)
  - Activities based on building a model together
  - Facilitator guides, prompts, and observes social interaction
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## Who Benefits?

- Children with autism
  - Pupils with communication or social interaction difficulties
  - Anyone who benefits from structured, goal-oriented play
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## Tips for Success

- ✓ Keep sessions structured and predictable
  - ✓ Rotate roles and encourage turn-taking
  - ✓ Celebrate achievements and positive interactions
  - ✓ Link therapy goals to classroom learning and social targets
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*LEGO Therapy Rooms provide a fun and engaging way to develop essential social and communication skills.*

 *For more information, please speak to Juniper Therapy.*